



2018-2019 Egret Badminton Center Classes

**By Professional Head Coach Helen Zhen
Former International Champion & China National Team Player**

<http://www.badmintontrainingcenter.com>

**Location : Egret Badminton Center, 1811 High Grove Lane #191, Naperville IL
Date: Jan 5-Feb 24 & Mar 4-May 26, 2019**

Day	Time	Level	Fees Not
Monday	5pm-6:30pm	Small group Limited to 4-6 students intermediate/advanced	*Group lessons for 8 weeks: one time/ week 8 classes \$180 two times/ week 16 classes \$330 three times/week 24 classes \$395
Tuesday	4:30pm-6pm 6pm-7:30pm	Small group Limited to 4-6 students Small group Limited to 4 students/intermediate/advanced	
Wednesday	5pm-6:30pm 6:30pm-8:30pm	Small group Limited to 4-6 students Group lesson beginning for mix 8 students, Group lessons: intermediate/advanced for mix 10 students	*4-6 students: one time/week 8 classes \$280 two times/week 16 classes \$520
Thursday	5:30pm-7pm 7pm-8:30pm	Small group Limited to 4-6 students *intermediate/advanced Small group Limited to 4-6students/ beginning/intermediate	**Mar 4 to May 26, 2019 (12 weeks) one time/week 12 classes \$270 two time/week 24 classes \$495 three time/week 36 classes \$590
Friday	5pm-6:30pm 6:30pm-8:30pm	Small group Limited to 4-6 students * intermediate Group lessons * beginning for mix 8 students, Group lessons * intermediate/advanced for 10 students	*one time try out fees \$25
Saturday	10:00am-11:30am 10:00am-12:00 n 6:30pm-8pm	Small group Limited to 4-6 students intermediate/advanced Group lessons: beginning mix 8 students Group lessons: intermediate/advanced for mix 10 students Small group Limited to 4-6 students intermediate/advanced	*Private lessons: Limited sign up 4 times. One time pay ten time for 11 lessons. Private classes: for one person \$65/hour for two people \$75/hour
Sunday	10:00am-11:30am 1:00pm-2:30pm 6pm-8pm	Small group Limited to 4 students/intermediate/advanced Small group Limited 4-6 students/intermediate/advanced Group lessons: beginning mix 8 students Group lessons: intermediate/advanced for mix 10 students	**Nov 25 Thanksgiving Off**

Note: ** Each session before start 10 days early sign up will get 5% off. One time pay two session 10% off. One time pay three session 15%. **

*****for try out Egret Star Team or special schedule classes please contact to coach helen*****

Training Program: (Age: 6 to 18) Students will be placed in different groups based on their skill level. Special training will be provided for each level so that students can improve quickly. Special focus will be placed on each student's ability to improve her/his game, including front, middle, and backcourt skills, smash/drop/drive techniques, single and double strategies, badminton physical fitness, etc. Each student will receive individual attention and instruction.

Registration: Please fill out the registration form on the next page, and e-mail it to Coach Helen. Since the class size is limited, please register early. Please make the check payable to: **Egret Enterprises** Mail to: **1811 High Grove Lane #103, Naperville** For more information, Please contact coach Helen at egretchicago@gmail.com, or helenzhus@gmail.com or call 630-536-8032, 630/999-5333.

Cancellation: It is very important to attend all classes to improve quickly. No refund will be provided after the first class begins. If the Egret Badminton Training Program cannot complete all classes due to any reason, credit will be carried forward to the next term.

2018-2019 Egret Enterprises Badminton Training Program

Egret Enterprises, Inc.

Student Name _____ Date of Birth _____ Gender _____
School Name _____
Phone _____ E-mail (very import) _____
Street _____ City _____ State _____ Zip Code _____
Emergency Contact _____ Phone Number _____

Please check day and time you like to attend:

Monday _____ Tuesday _____ Wednesday _____
Thursday _____ Friday _____ Saturday _____
Sunday _____

LEGAL NOTICE AND WAIVER

I, _____ (print only), by signing my name hereafter, hereby declare and acknowledge that I have read and understood this Legal Notice and Waiver before signing my name and that I fully understand that badminton, like any other sports, may give rise to and involve inherent risks and dangers that may happen in the course of or in connection with travel to and from the site of the activity, tournament or practice, physical contact with racquets or shuttlecocks, and the conducts of other participants; that the risks and dangers may include but are not limited to death, serious neck and spinal injuries resulting in complete or partial paralysis, brain damage, and serious injuries to virtually all bones, joints, muscles and internal organs; that intense cardiovascular activities and conditioning may result in physical exertion; and that badminton involves a particularly high risk of eye, head, knee, and ankle injury. I further understand that the badminton activities in which I participate may be conducted at sites that are remote from available medical assistance, and nonetheless agree to proceed with such activities in spite of the possible absence of medical assistance. In consideration of the risks and dangers, I declare that I am knowingly, freely and voluntarily participating in this Training Program with a full awareness of the dangers and risks arising from or in connection with this Training Program; and that I hereby agree to accept any and all risks of any and all property damages, personal and/or bodily injuries or harms, or death.

In connection with my participation, I shall hereby release and discharge, now and in the future forever, Egret Enterprises Badminton Training Program and Egret Enterprises, Inc., including all of its coaches, instructors, administrators, volunteers, agents, shareholders, officers, staff, and representatives and any other participants in this Training Program, including but not limited to the other team members or volunteers, from any present and future claims, including negligence, property damages, personal or bodily injuries or harms, wrongful death or any other losses or damages of any kind, nature and form, which may arise from, have any connection with, or is otherwise related to my participation in this Training Program or any of the badminton academy activities. Furthermore, I also knowingly, freely, and voluntarily waive any and all claims, both present and future, arising from, relating to, or otherwise in connection with my participation in this Training Program or any of the badminton academy activities, including but not limited to, negligence, property damages, personal or bodily injuries or harms, wrongful death or any other losses or damages of any kind, nature and form.

By signing below, I acknowledge that I have read and understood the above Legal Notice and Waiver. Furthermore, I freely, knowingly and voluntarily agree to give up legal rights and/or remedies which may be available to me, my parents or legal guardian, or any other party that may institute a claim on my behalf. I further agree to bear and pay for any and all costs, including any attorney's fee, court fee, court reporter's fee, expert witnesses, investigation, or any other relevant costs and expenses, with which Egret Enterprises, Inc. and its shareholders, officers, and agents may be burdened by or in connection with my claims.

Signature of participant _____

Date _____

Signature of parent or legal guardian _____

Date (if a participant is under 18 years old.) _____