



2017 to 2018 Egret Badminton Classes

By Professional Head Coach Helen Zhen
Former International Champion & China National Team Player
<http://www.badmintontrainingcenter.com>

Location : Walker Athletic & Sports Performance Complex, 4925 Indiana Avenue, Lisle, IL
Date: Sep 4 - Oct 29, Oct 30 - Dec 22, 2017 & Jan 2 - Feb 25, Mar 6 - May 27, 2018

Day	Time	Level	Fees
Tuesday	6:30pm-8:00pm	Private Group-limited 6-8 students/ intermediate/advanced	Each sessions for 8weeks *Group lessons: one time/ week 8 classes\$180 two times/ week 16 classes \$330 three times/week 24 classes \$395 * Private 6-8 students: one time/week 8 classes \$280 two times/week 16 classes \$520 **Mar 6 to May 28, 2017 12 weeks one time/week 12 classes \$270 two time/week 24 classes \$495 three time/week 36 classes \$590 *one time try out fees \$25 *Private lessones: pay ten time for 11 lessons For one on one \$65/hour For one on two people \$75/hour
Wednesday	5:00pm-6:30pm 6:30pm-8:30pm	Private Group limitd to 4-6 students/ intermediate/advanced Group lessons/ beginning for mix 8 students, Group lessons/ intermediate/advanced for mix 8-10 students	
Thursday	5:00pm-6:30pm	Private Group-limited 4-6 students intermediate/advanced	
Friday	5:00pm 6:30pm 6:30pm-8:30pm	Private limited to 4-6 students intermediate/advanced Group lessons/ beginning for mix 8 students Group lessons/ intermediate/advanced for mix 8 students	
Sunday	4:30pm-6:00pm 6:00pm-8:00pm	Private Group-limited 4-6 students -intermediate/avanced Group lessons/ beginning mix 8 students Group lessons/ intermediate/advanced for mix 8 students	

***For the special private, adult and one on one or one on two lessones , open every day please contact ----- head coach Helen for the schedule (630)999/5333/ helenzus@gmail.com

Training Program: (Age: 8 to 18) * International & advanced level coaches *

Students will be placed in different groups based on their skill level. Special training will be provided for each level so that students can improve quickly. Special focus will be placed on each student's ability to improve her/his game, including front, middle, and backcourt skills, smash/drop/drive techniques, single and double strategies,badminton physical fitness, etc. Each student will receive individual attention and instruction.

Registration:

Please fill out the registration form on the next page, and e-mail it to Coach Helen. Since the class size is limited, please register early. Please make the check payable to: **Egret Enterprises** Mail to: Helen Zhen, Po Box 5255, Naperville IL 60567. **For more information, Please email to egretchicago@gmail.com, or contact coach helen helenzus@gmail.com or call 630/999-5333.**

Cancellation: It is very important to attend all classes to improve quickly. No refund will be provided after the first class begins. If the Egret Badminton Training Program cannot complete all classes due to any reason, credit will be carried forward to the next term.

****Note for sign up: Each new session start before 10 days sign up will get 5% off . One time pay two sessions 10% off, One time pay three sessions 15% off.**

2017-2018 Egret Enterprises Badminton Training Program
Egret Enterprises, Inc.

Student Name _____ Date of Birth _____ Gender _____
School Name _____
Phone _____ E-mail (very import) _____
Street _____ City _____ State _____ Zip Code _____
Emergency Contact _____ Phone Number _____

Please check day and time you like to attend:

Monday _____ Tuesday _____ Wednesday _____
Thursday _____ Friday _____, Sunday _____.

LEGAL NOTICE AND WAIVER

I, _____ (print only), by signing my name hereafter, hereby declare and acknowledge that I have read and understood this Legal Notice and Waiver before signing my name and that I fully understand that badminton, like any other sports, may give rise to and involve inherent risks and dangers that may happen in the course of or in connection with travel to and from the site of the activity, tournament or practice, physical contact with racquets or shuttlecocks, and the conducts of other participants; that the risks and dangers may include but are not limited to death, serious neck and spinal injuries resulting in complete or partial paralysis, brain damage, and serious injuries to virtually all bones, joints, muscles and internal organs; that intense cardiovascular activities and conditioning may result in physical exertion; and that badminton involves a particularly high risk of eye, head, knee, and ankle injury. I further understand that the badminton activities in which I participate may be conducted at sites that are remote from available medical assistance, and nonetheless agree to proceed with such activities in spite of the possible absence of medical assistance. In consideration of the risks and dangers, I declare that I am knowingly, freely and voluntarily participating in this Training Program with a full awareness of the dangers and risks arising from or in connection with this Training Program; and that I hereby agree to accept any and all risks of any and all property damages, personal and/or bodily injuries or harms, or death.

In connection with my participation, I shall hereby release and discharge, now and in the future forever, Egret Enterprises Badminton Training Program and Egret Enterprises, Inc., including all of its coaches, instructors, administrators, volunteers, agents, shareholders, officers, staff, and representatives and any other participants in this Training Program, including but not limited to the other team members or volunteers, from any present and future claims, including negligence, property damages, personal or bodily injuries or harms, wrongful death or any other losses or damages of any kind, nature and form, which may arise from, have any connection with, or is otherwise related to my participation in this Training Program or any of the badminton academy activities.

Furthermore, I also knowingly, freely, and voluntarily waive any and all claims, both present and future, arising from, relating to, or otherwise in connection with my participation in this Training Program or any of the badminton academy activities, including but not limited to, negligence, property damages, personal or bodily injuries or harms, wrongful death or any other losses or damages of any kind, nature and form.

By signing below, I acknowledge that I have read and understood the above Legal Notice and Waiver. Furthermore, I freely, knowingly and voluntarily agree to give up legal rights and/or remedies which may be available to me, my parents or legal guardian, or any other party that may institute a claim on my behalf. I further agree to bear and pay for any and all costs, including any attorney's fee, court fee, court reporter's fee, expert witnesses, investigation, or any other relevant costs and expenses, with which Egret Enterprises, Inc. and its shareholders, officers, and agents may be burdened by or in connection with my claims.

Signature of participant

Date

Signature of parent or legal guardian

Date (if a participant is under 18 years old.)