



# Learning Badminton With Fun Egret Badminton Summer Camps 2017

Taught By Coach Helen Zhen  
Former International Champion & China National Team Player  
Professional Coach

<http://www.badmintontrainingcenter.com>

## Lisle Location

### Introduction

Egret Badminton Summer Camps is a training program for beginning, intermediate and advanced players. Taught in Lisle and Schaumburg, Illinois, the camps will focus on teaching badminton skills and strategies.

### Training Program

Participants will be placed in different groups based on their skill level. Special training will be provided for each level so that students can improve quickly. Emphasis will be placed on helping each participant to improve his or her game, including front, middle, and back court skills; smash/drop/drive techniques, single and double strategies; and badminton physical fitness, etc. Each student will receive individual attention and instruction in the areas that he or she needs.

Coach Helen will lead and coach the summer camps along with top coaches to ensure participants receive professional training during the entire camp.

### Schedule of classes

<b>Lisle Location: Walker Athletic &amp; Sports Performance Complex, 4925 Indiana Avenue, Lisle, IL</b>			
Date	Description & Fee	Time	
Camp 1 all levels June 7 to July 2 mix 8-10 students for each level	4 Weeks: One days per week \$95 Two days per week \$180 Three Days per week \$240	Wed 6:30p- 8:30p, Fri 6:30p-8:30p, & Sun 6p to8p	
Camp 2 (mix 4-6 students) June 6 to June 29 intrmediate/advance levels	4 Weeks: Two days per week \$240	Tue & Thur 7pm to 8:30pm	
Camp 3 all levels July 5 to Aug 27 *Mix 8-10 students each level	8 Weeks: One days per week \$180 Two days per week \$330 Three days per week \$395	Wed 6:30p-8:30p, Fri 6:30p-8:30p & Sun 6:30p-8:30p	
<b>Private Classes (limited 4 to 6 students at the intermediate and advanced levels) at Lisle</b>			
* July 12 to Aug 27	7 weeks: One days per week \$245 Two days per week \$460	Wed 5p-6:30p, Fri 5p to 6:30p Sun 5p-6:30p	
<b>Private Classes (limited 4 students at the intermediate and advanced levels) at Lisle</b>			
*** July 12 to Aug 24	7 weeks: One days per week \$245 Two days per week \$460	Tue 6:30pm-8pm, Thur 6:30pm-8:00pm,	
<b>*** For the Egret Special Junion Camp at 1251 Basswood Rd, Schaumburg IL 60173 ***</b>			
From June 5 to June 23 Three weeks fee: \$820	One weeks Five days Fee \$295 One weeks half days Fee: \$150	Mon to Fri (9:30a.m. to 5:00p.m.) Includes lunch	
Location: Schaumburg	Egret Badminton Center (gym)	Page 1	

**\*\* For the special offer or one on one please email to [egretchicago@gmail.com](mailto:egretchicago@gmail.com) or call 630-999-5333\*\* All the camps sign up before 5/15/2017 have 5% off. \*\***

- The Special Junior Camp Coach Helen and top assistant coaches will provide professional level training. Special attention will be given to improving badminton techniques and strategies. Up to 12 courts will be used.
- At the end of the camp, students can use their new skills during a competition. Prizes will be awarded at a party.
- The camp is for ages 10 to 18. Lunch is included each day. Each student will receive a free camp t-shirt and photo.
- A \$50 non-refundable deposit must be received with your application. Please register before June 1.
- Lodging is available for an additional fee. Please contact Coach Helen for information as soon as possible.

### **Great Gym and What to Bring**

The gym is **air conditioned** for comfort in the hot summer. Its hardwood floor is ideal for badminton training. Please bring your racket and gym shoes. Birdies will be provided.

### **Registration for All Camps**

Please fill out the registration form on the next page and e-mail it to Coach Helen. The payment should be sent separately by mail. Since the size of the camps is limited to ensure top quality instruction, please register early. Also, students in current classes need to register for the camps.

Please make the check payable to: Egret Enterprises Inc.

Mail to: Helen Zhen, Po Box 5255, Naperville IL 60567.

For more information, e-mail Helen at [helenzus@gmail.com](mailto:helenzus@gmail.com) or call 630/999-5333

### **Cancellation Policy**

It is very important to attend all classes to improve quickly. If Egret Badminton Training Program cannot complete a class due to any reason, credit will be carried forward to a regular summer camp. If the Special Junior Camp session cannot be held, the fee for that session will be refunded. With that one exception, please understand that we are unable to issue refunds.

**Egret Enterprises Badminton Summer Camps 2017**  
**Egret Enterprises Inc.**

Student Name \_\_\_\_\_ School \_\_\_\_\_ Brithday \_\_\_\_\_ Gender \_\_\_\_\_

Phone \_\_\_\_\_ E-mail (very import) \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone Number \_\_\_\_\_

**Please check camp you like to attend: Summer Camp T-shirt size: \_\_\_\_\_**

**Lisle:** Camp 1 \_\_\_\_\_ Camp 2 \_\_\_\_\_ Camp 3 \_\_\_\_\_

Private Classes \* \_\_\_\_\_ Private Classes\*\* \_\_\_\_\_ Private Classes\*\*\* \_\_\_\_\_

**Special Junior Camp:** \_\_\_\_\_ **T-shirt size:** \_\_\_\_\_

**LEGALNOTICE AND WAIVER**

I, \_\_\_\_\_ (print only), by signing my name hereafter, hereby declare and acknowledge that I have read and understood this Legal Notice and Waiver before signing my name and that I fully understand that badminton, like any other sports, may give rise to and involve inherent risks and dangers that may happen in the course of or in connection with travel to and from the site of the activity, tournament or practice, physical contact with racquets or shuttlecocks, and the conducts of other participants; that the risks and dangers may include but are not limited to death, serious neck and spinal injuries resulting in complete or partial paralysis, brain damage, and serious injuries to virtually all bones, joints, muscles and internal organs; that intense cardiovascular activities and conditioning may result in physical exertion; and that badminton involves a particularly high risk of eye, head, knee, and ankle injury. I further understand that the badminton activities in which I participate may be conducted at sites that are remote from available medical assistance, and nonetheless agree to proceed with such activities in spite of the possible absence of medical assistance. In consideration of the risks and dangers, I declare that I am knowingly, freely and voluntarily participating in this Training Program with a full awareness of the dangers and risks arising from or in connection with this Training Program; and that I hereby agree to accept any and all risks of any and all property damages, personal and/or bodily injuries or harms, or death.

In connection with my participation, I shall hereby release and discharge, now and in the future forever, Egret Enterprises Badminton Training Program and Egret Enterprises, Inc., including all of its coaches, instructors, administrators, volunteers, agents, shareholders, officers, staff, and representatives and any other participants in this Training Program, including but not limited to the other team members or volunteers, from any present and future claims, including negligence, property damages, personal or bodily injuries or harms, wrongful death or any other losses or damages of any kind, nature and form, which may arise from, have any connection with, or is otherwise related to my participation in this Training Program or any of the badminton academy activities.

Furthermore, I also knowingly, freely, and voluntarily waive any and all claims, both present and future, arising from, relating to, or otherwise in connection with my participation in this Training Program or any of the badminton academy activities, including but not limited to, negligence, property damages, personal or bodily injuries or harms, wrongful death or any other losses or damages of any kind, nature and form.

By signing below, I acknowledge that I have read and understood the above Legal Notice and Waiver. Furthermore, I freely, knowingly and voluntarily agree to give up legal rights and/or remedies which may be available to me, my parents or legal guardian, or any other party that may institute a claim on my behalf. I further agree to bear and pay for any and all costs, including any attorney's fee, court fee, court reporter's fee, expert witnesses, investigation, or any other relevant costs and expenses, with which Egret Enterprises, Inc. and its shareholders, officers, and agents may be burdened by or in connection with my claims.

\_\_\_\_\_  
Signature of participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent or legal guardian

\_\_\_\_\_  
Date (if a participant is under 18 years old.)