



Egret Badminton Summer Camps 2017

Taught By Coach Helen Zhen

Former International Champion & China National Team Player
Professional Coach

<http://www.badmintontrainingcenter.com>

Schaumburg Location

Introduction

Egret Badminton Summer Camps is a training program for beginning, intermediate and advanced players. Taught in Lisle and Schaumburg, Illinois, the camps will focus on teaching badminton skills and strategies.

Training Program

Participants will be placed in different groups based on their skill level. Special training will be provided for each level so that students can improve quickly. Emphasis will be placed on helping each participant to improve his or her game, including front, middle, and back court skills; smash/drop/drive techniques, single and double strategies; and badminton physical fitness, etc. Each student will receive individual attention and instruction in the areas that he or she needs.

Fun and In-Depth Learning

Coach Helen will lead and coach the summer camps along with top coaches to ensure participants receive professional training during the entire camp.

Schedule:

| Schaumburg Location: 1251 Basswood R. Schaumburg IL 60173 | | |
|--|--|---|
| Date | Description & Fee | Time |
| Camp 1 (mix 10-12 students) June 7 to Aug 27 | 12 Weeks: One days per week \$265 Two days per week \$490 Three Days per week \$620 | Wed 6:30pm to 8:30pm Fri 6:30pm to 8:30pm Sun 3:00pm to 5:00pm **July 1, 2, no class** |
| Camp 2 (mix 10-12 students) June 6 to July 1 | 4 Weeks: Two days per week \$180 Three days per week \$265 | Tue, 6p-8p, Thur 6p-8p, Sat 10:00p-12n |
| Special Junior Camp July 24 to 26 (3 days) | Free: all days \$160 (include lunch) Half days \$85 | 9:30am-12n, 2pm-4:30pm **This camp will be 2 days with from China the students training July 25,26** |
| Private Classes (limited 4 to 6 students at the intermediate and advanced levels) | | |
| *June 6 to July 1 | 4 weeks: One time per weeks \$135 4 weeks: Two time per weeks \$260 | Tue 5:30p-7p, Sat 10a-11:30a |
| Private Classes (limited 4 to 6 students at the intermediate and advanced levels) | | |
| *** July 11 to Aug 26 | 7 weeks: One days per weeks \$245 | Sat 10a-11:30a 12n-1:30p, Sun 1:00p- 2:30p |
| *** Egret Badminton Special Junior Camp Three weeks *** | | |
| From Jun 5 to June 23 Three weeks fee \$825 | one weeks: Five days per week \$295 Half days fee: \$150 (2pm to 5pm) | Mon to Fri 9:30am - 5pm ** Lunch Includes** |

**** For the special offer or one on one please email to egretchicago@gmail.com or call 847-285-5788** All the camps sign up before 5/15/2017 have 5% off. ****

- The Special Junior Camp Coach Helen and top assistant coaches will provide professional level training. Special attention will be given to improving badminton techniques and strategies. Up to 9 courts will be used.
- At the end of the camp, students can use their new skills during a competition. Prizes will be awarded at a party.
- The camp is for ages 10 to 18. Lunch is included each day. Each student will receive a free camp t-shirt and photo.
- Lodging is available for an additional fee. Please contact Coach Helen for information as soon as possible.

Great Gym and What to Bring

The gym is **air conditioned** for comfort in the hot summer. Its international level professional floor is ideal for badminton training. Please bring your racket and gym shoes. Birdies will be provided.

Registration for All Camps

Please fill out the registration form on the next page and e-mail it to Coach Helen. The payment should be sent separately by mail. Since the size of the camps is limited to ensure top quality instruction, please register early. Also, students in current classes need to register for the camps.

Please make the check payable to: Egret Enterprises Inc.

Mail to: Helen Zhen, 1251 Basswood St, Schaumburg IL 60173.

For more information, e-mail Helen at egretchicago@gmail.com or call 847/285-5788, Or 630/999-5333

Cancellation Policy

It is very important to attend all classes to improve quickly. If Egret Badminton Training Program cannot complete a class due to any reason, credit will be carried forward to a regular summer camp. If the Special Junior Camp session cannot be held, the fee for that session will be refunded. With that one exception, please understand that we are unable to issue refunds.

Egret Enterprises Badminton Summer Camps 2017
Egret Enterprises Inc.

Student Name _____ School _____ Brithday _____ Gender _____

Phone _____ E-mail (very import) _____

Street _____ City _____ State _____ Zip Code _____

Emergency Contact _____ Phone Number _____

Please check camp you like to attend: Summer Camp T-shirt size: _____

Schaumburg: Camp 1 _____ Camp 2 _____ Camp 3 _____

Private Classes * _____ Private Classes** _____ Private Classes*** _____ Private Classes*** _____

Special Junior Camp: _____ **T-shirt size:** _____

LEGALNOTICE AND WAIVER

I, _____ (print only), by signing my name hereafter, hereby declare and acknowledge that I have read and understood this Legal Notice and Waiver before signing my name and that I fully understand that badminton, like any other sports, may give rise to and involve inherent risks and dangers that may happen in the course of or in connection with travel to and from the site of the activity, tournament or practice, physical contact with racquets or shuttlecocks, and the conducts of other participants; that the risks and dangers may include but are not limited to death, serious neck and spinal injuries resulting in complete or partial paralysis, brain damage, and serious injuries to virtually all bones, joints, muscles and internal organs; that intense cardiovascular activities and conditioning may result in physical exertion; and that badminton involves a particularly high risk of eye, head, knee, and ankle injury. I further understand that the badminton activities in which I participate may be conducted at sites that are remote from available medical assistance, and nonetheless agree to proceed with such activities in spite of the possible absence of medical assistance. In consideration of the risks and dangers, I declare that I am knowingly, freely and voluntarily participating in this Training Program with a full awareness of the dangers and risks arising from or in connection with this Training Program; and that I hereby agree to accept any and all risks of any and all property damages, personal and/or bodily injuries or harms, or death.

In connection with my participation, I shall hereby release and discharge, now and in the future forever, Egret Enterprises Badminton Training Program and Egret Enterprises, Inc., including all of its coaches, instructors, administrators, volunteers, agents, shareholders, officers, staff, and representatives and any other participants in this Training Program, including but not limited to the other team members or volunteers, from any present and future claims, including negligence, property damages, personal or bodily injuries or harms, wrongful death or any other losses or damages of any kind, nature and form, which may arise from, have any connection with, or is otherwise related to my participation in this Training Program or any of the badminton academy activities.

Furthermore, I also knowingly, freely, and voluntarily waive any and all claims, both present and future, arising from, relating to, or otherwise in connection with my participation in this Training Program or any of the badminton academy activities, including but not limited to, negligence, property damages, personal or bodily injuries or harms, wrongful death or any other losses or damages of any kind, nature and form.

By signing below, I acknowledge that I have read and understood the above Legal Notice and Waiver. Furthermore, I freely, knowingly and voluntarily agree to give up legal rights and/or remedies which may be available to me, my parents or legal guardian, or any other party that may institute a claim on my behalf. I further agree to bear and pay for any and all costs, including any attorney's fee, court fee, court reporter's fee, expert witnesses, investigation, or any other relevant costs and expenses, with which Egret Enterprises, Inc. and its shareholders, officers, and agents may be burdened by or in connection with my claims.

Signature of participant

Date

Signature of parent or legal guardian

Date (if a participant is under 18 years old.)