



Learning Badminton With Fun

Egret Badminton Star Team in Summer 2016

Taught By Coach Helen Zhen

Former International Champion & China National Team Player
Professional Coach

<http://www.badmintontrainingcenter.com>

Introduction

Egret Badminton Start Team Summer Camps is a training program for beginning (6 to 10 year old) and Intermediate and advanced (10 to 18 years old) players. Taught in Lisle and Schaumburg Illinois, the camps will focus on teaching badminton skills and strategies.

Training Program

The Special Start Team Camps Coach Helen and top coaches will provide professional level training plan. Special attention will be given to improving badminton techniques and strategies.

Participants will be placed in different groups based on their skill level. Special training will be provided for each level so that students can improve quickly. includes badminton physical fitness, etc. Each student will receive individual attention and instruction in the areas that he or she needs.

Star Team Schedule

Schaumburg Location: 1251 Basswood St. Schaumburg, IL 60173		
Date	Description & Fee	Time
* Camp* June 6 to June 29 * Sign up 3 weeks camp before 5/10/2016 you can get 5% off.	3 & half weeks: (21days) Mon to Fri (Includes Lunch) The fee: \$995 For half days: 3 & half weeks(21days) The Fee: \$520	Mon to Fri 9:30a - 5p Sat 2p - 5p *June 25, Exhibition matches* * 7/4 to 7/10 Tourmanent trip* Half day: Mon to Sat 2p - 5p
Camp ** July 11 to Aug 28 For Team A/B For Team HS	7 weeks: 4 days per week \$520 3 days per week \$435 2 days per week \$330 * Aug 6, Exhibition matches*	Mon 6p-8:30p, Tue 6:00-8:00p, Thur 6:30-8:30, Sat 2p-5p, Tue 6:30p-8:30p, Sat 2p – 5p Fri 6:00 to 8:00p Sun 10a -12n
Camp ** For Team 2A/B July 11 to Aug 31	7 weeks: 3 days per week \$420 2 days per week \$365	Thur 6:00p-8p, Fri 6p - 8p Sat 2p-5p Sun 10a -12n
Lisle Location: Walker Athletic & Sports Performance Complex, 4925 Indiana Avenue, Lisle, IL		
Star Team Camp (Lisle): 7 weeks July 11 to Aug 28	7 weeks: 4 days per week \$520 3 days Per week \$435 2 days per week \$3	Mon 6p – 8p Wed: 6p-8p, Fri 5:30p -7:30pm, Sun 4p - 6p Sat. 2p-5p (in Schaumburg)
For special private class Please contact coach Helen.		
Lisle Location June 6 to June 31		
June 3 to June 29	4weeks: 3 days per week \$240	Wed, Fri 6:30p - 8:30p Sun 6p – 8p

** For sign up after July classes before 6/25/2016 you can get 5%off **

- At the end of the camp, students can use their new skills during a competition. Prizes will be awarded at a party.

Great Gym and What to Bring

The gym is **air conditioned** for comfort in the hot summer. Its professional floor is ideal for badminton training. Please bring your racket and gym shoes. Birdies will be provided.

Please make the check payable to: Egret Enterprises Inc.
Mail to: Helen Zhen, 1251, Naperville IL 60567. Or 1251 Basswood St. Schaumburg, IL 60173
For more information, e-mail Helen at helenzus@gmail.com or call Coach Helen 630/999-5333

Cancellation Policy

It is very important to attend all classes to improve quickly. If Egret Badminton Training Program cannot complete a class due to any reason, credit will be carried forward to a regular summer camp. If the Special Junior Camp session cannot be held, the fee for that session will be refunded. With that one exception, please understand that we are unable to issue refunds.

Egret Enterprises Badminton Summer Camps 2016
Egret Enterprises Inc.

Student Name _____ Age _____ Gender _____

Phone _____ E-mail (very import) _____

Street _____ City _____ State _____ Zip Code _____

Emergency Contact _____ Phone Number _____

Please check camp you like to attend: Summer Camp T-shirt size: _____

Lisle: Camp 1 _____ Camp 2 _____ Private Classes Wed _____ Or Fri _____

Schaumburg: Camp 1 _____ Camp 2 _____ . Camp 3 _____ Private Classes _____

LEGALNOTICE AND WAIVER

I, _____ (print only), by signing my name hereafter, hereby declare and acknowledge that I have read and understood this Legal Notice and Waiver before signing my name and that I fully understand that badminton, like any other sports, may give rise to and involve inherent risks and dangers that may happen in the course of or in connection with travel to and from the site of the activity, tournament or practice, physical contact with racquets or shuttlecocks, and the conducts of other participants; that the risks and dangers may include but are not limited to death, serious neck and spinal injuries resulting in complete or partial paralysis, brain damage, and serious injuries to virtually all bones, joints, muscles and internal organs; that intense cardiovascular activities and conditioning may result in physical exertion; and that badminton involves a particularly high risk of eye, head, knee, and ankle injury. I further understand that the badminton activities in which I participate may be conducted at sites that are remote from available medical assistance, and nonetheless agree to proceed with such activities in spite of the possible absence of medical assistance. In consideration of the risks and dangers, I declare that I am knowingly, freely and voluntarily participating in this Training Program with a full awareness of the dangers and risks arising from or in connection with this Training Program; and that I hereby agree to accept any and all risks of any and all property damages, personal and/or bodily injuries or harms, or death.

In connection with my participation, I shall hereby release and discharge, now and in the future forever, Egret Enterprises Badminton Training Program and Egret Enterprises, Inc., including all of its coaches, instructors, administrators, volunteers, agents, shareholders, officers, staff, and representatives and any other participants in this Training Program, including but not limited to the other team members or volunteers, from any present and future claims, including negligence, property damages, personal or bodily injuries or harms, wrongful death or any other losses or damages of any kind, nature and form, which may arise from, have any connection with, or is otherwise related to my participation in this Training Program or any of the badminton academy activities.

Furthermore, I also knowingly, freely, and voluntarily waive any and all claims, both present and future, arising from, relating to, or otherwise in connection with my participation in this Training Program or any of the badminton academy activities, including but not limited to, negligence, property damages, personal or bodily injuries or harms, wrongful death or any other losses or damages of any kind, nature and form.

By signing below, I acknowledge that I have read and understood the above Legal Notice and Waiver. Furthermore, I freely, knowingly and voluntarily agree to give up legal rights and/or remedies which may be available to me, my parents or legal guardian, or any other party that may institute a claim on my behalf. I further agree to bear and pay for any and all costs, including any attorney's fee, court fee, court reporter's fee, expert witnesses, investigation, or any other relevant costs and expenses, with which Egret Enterprises, Inc. and its shareholders, officers, and agents may be burdened by or in connection with my claims.

Signature of participant

Date

Signature of parent or legal guardian

Date (if a participant is under 18 years old.)